

The season of Lent is given to us as a special opportunity to deepen our relationship with Jesus and grow our spiritual life. A great way to accomplish this is to dedicate a little time to learning and inspiration. Here are a few on-line sources you might find helpful.

Don't give up chocolate for Lent...Do something life changing! Sign up for **Best Lent Ever** at www.BestLentEver.com. Sponsored by Dynamic Catholic.

Take a course on **The Bible and the Sacraments**. 11 sessions that will be offered during the weeks of Lent by the St. Paul Center for Biblical Theology. Visit www.stpaulcenter.com to register.

Pause for a mini-retreat each day at www.3MinuteRetreat.com

Read what Pope Francis is saying
Download the app Missio

Reflect on the daily readings or saint of the day
Visit www.americancatholic.org

Learn something new about your faith
Visit www.usccb.org
(the US Catholic Conference of Bishops site)
or
Fr. Robert Barron
www.wof@wordonfire.org

Learn and advocate for social justice
thru The Center of Concern, a Catholic agency that researches, educates and
advocates for Catholic Social Teaching. www.coc.org

Watch a weekly you-tube inspiration
at www.wasinski.com
(Let Me Bee Ministries)

Celebrate everyday spirituality with Sr. Melannie Svoboda
at www.melanniesvobodasnd.org (Sunflower Seeds)